

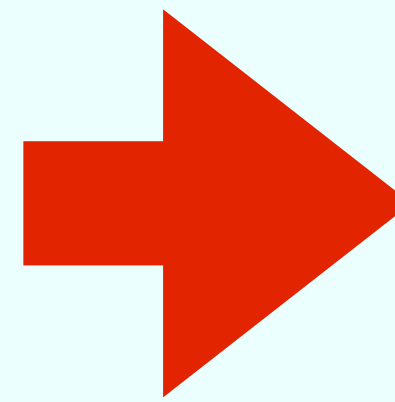
2025 QQT-1 簡易操作

2024 QQTMPPro

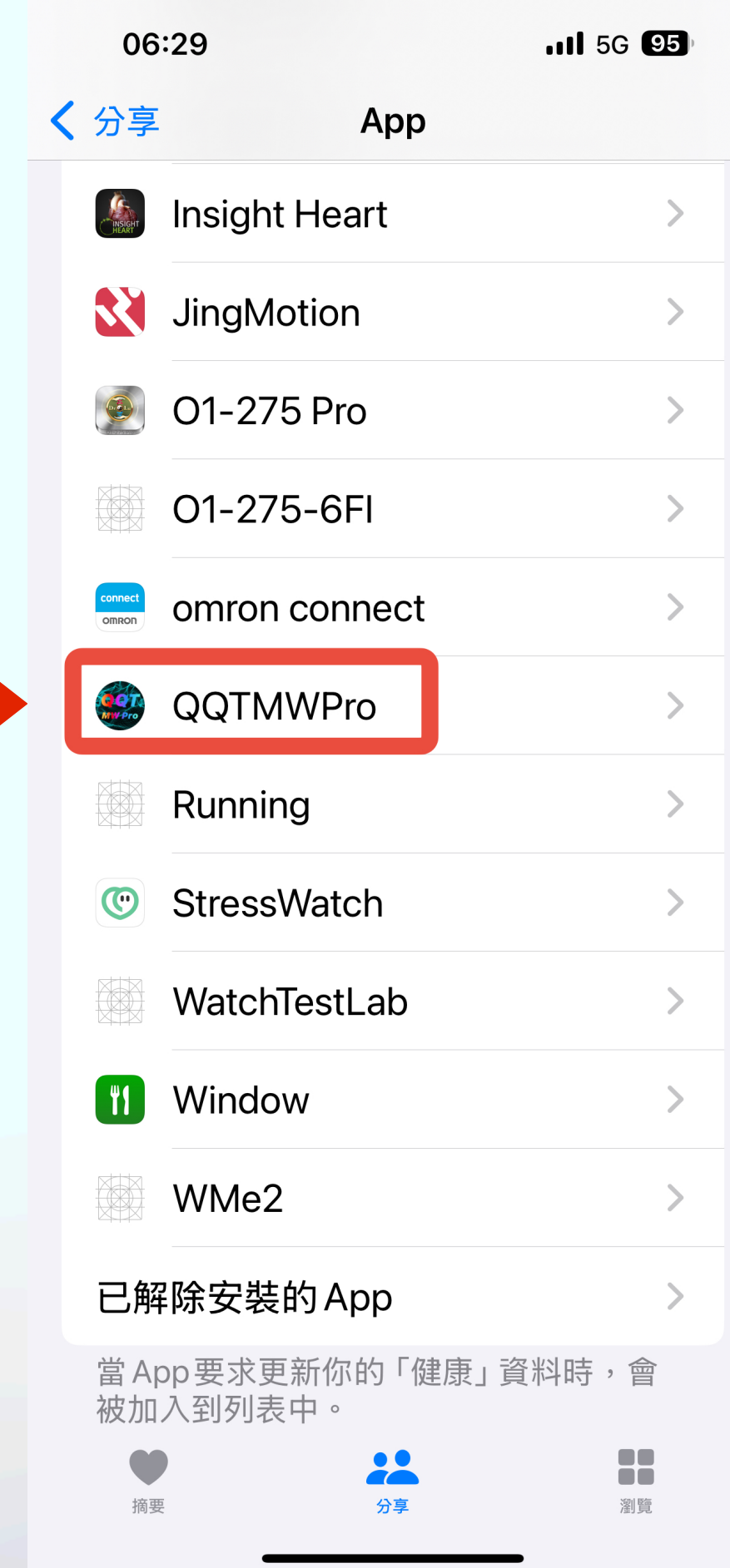
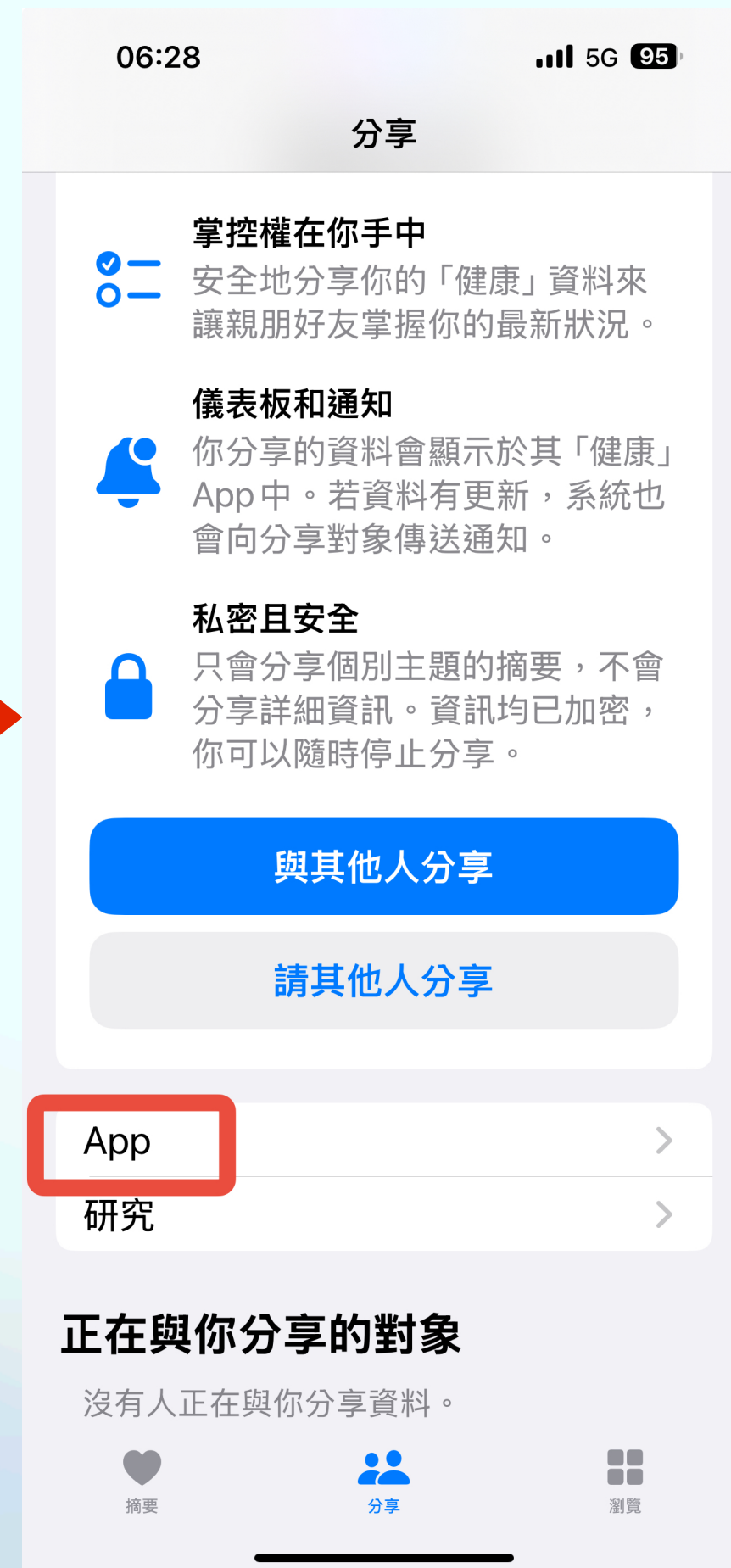
2023 QQT ALL1SPro



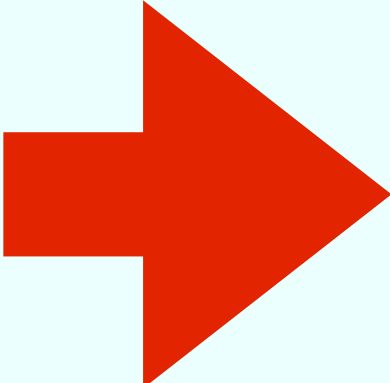
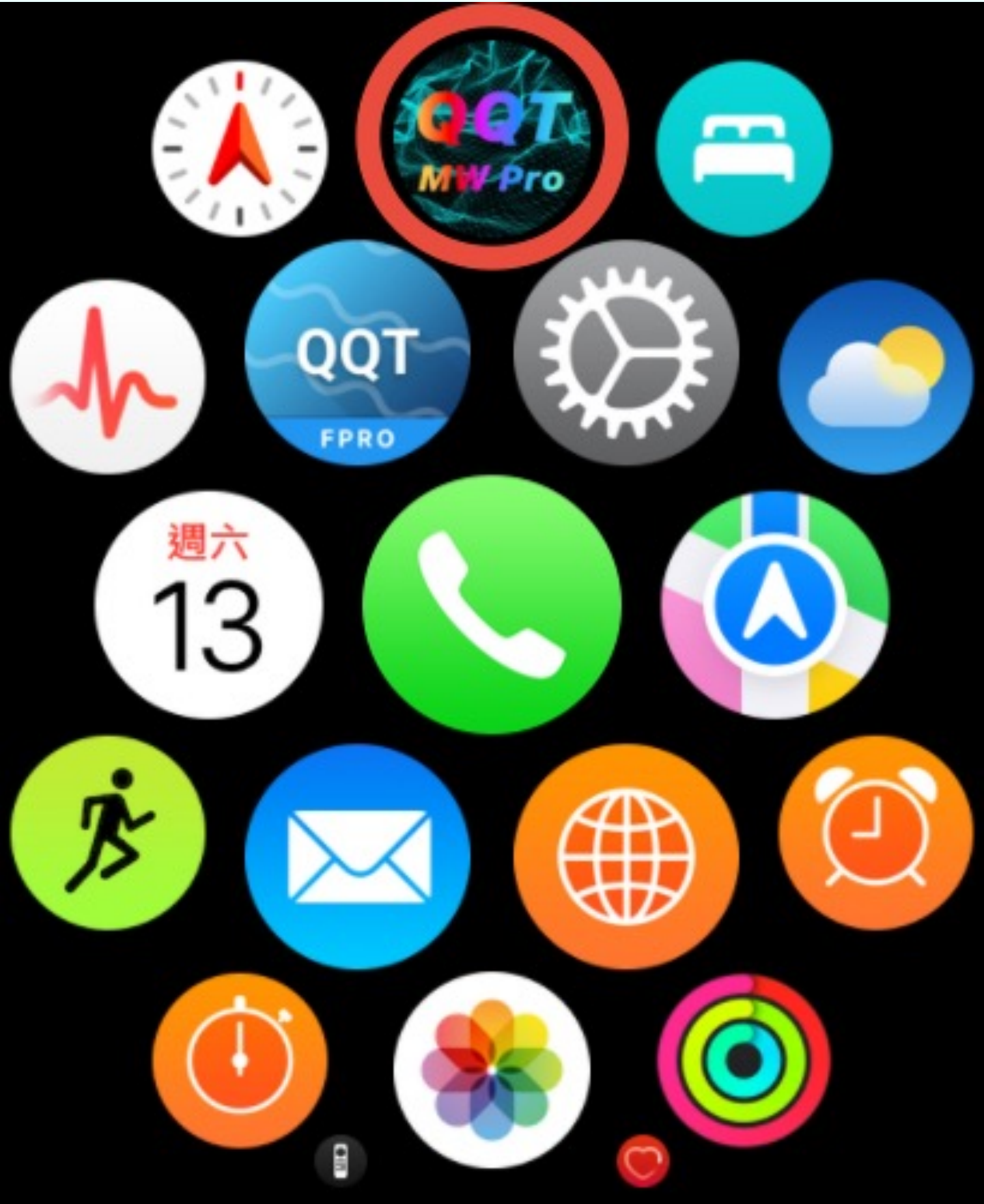
先下載TestFlight再下載QQTMPPro



先在健康授權心律再使用QQTMPPro

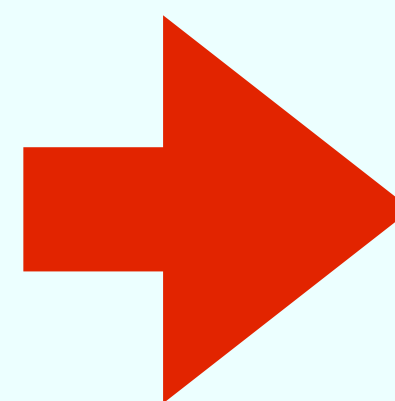


將QQTMPPro放在Apple Watch錶面上使用



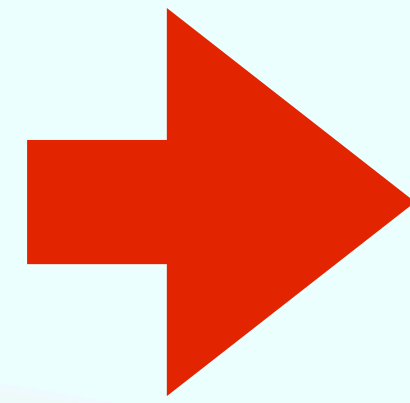
將QQT-1的電源先打開

Apple Watch再配對QQT-1 (選擇MT藍牙裝置)

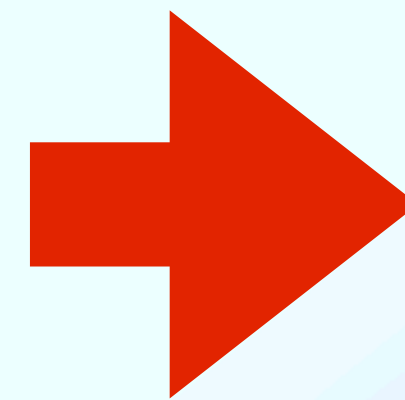
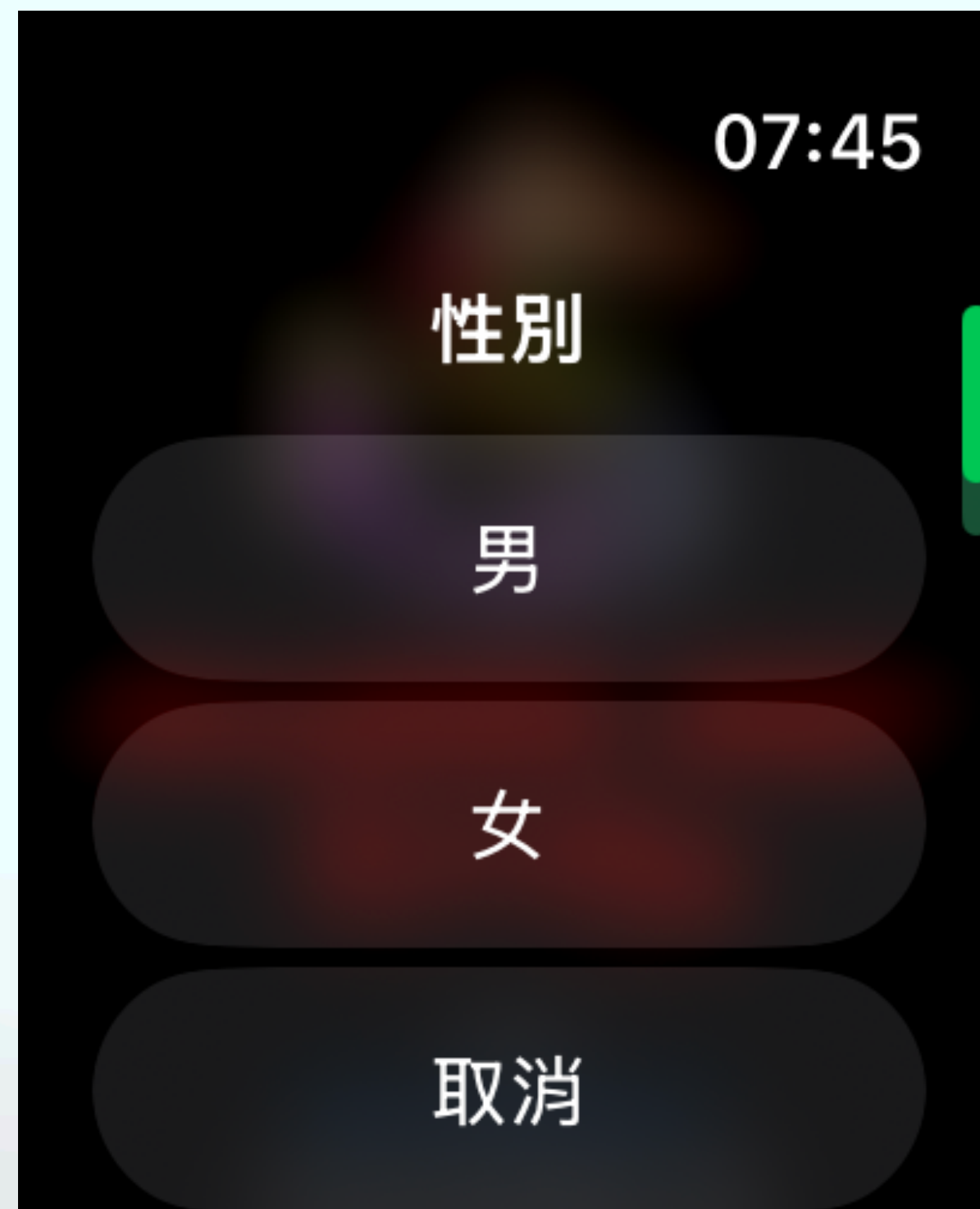
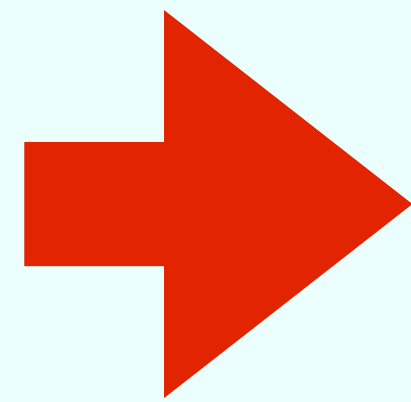


QQT-1 配對成功後

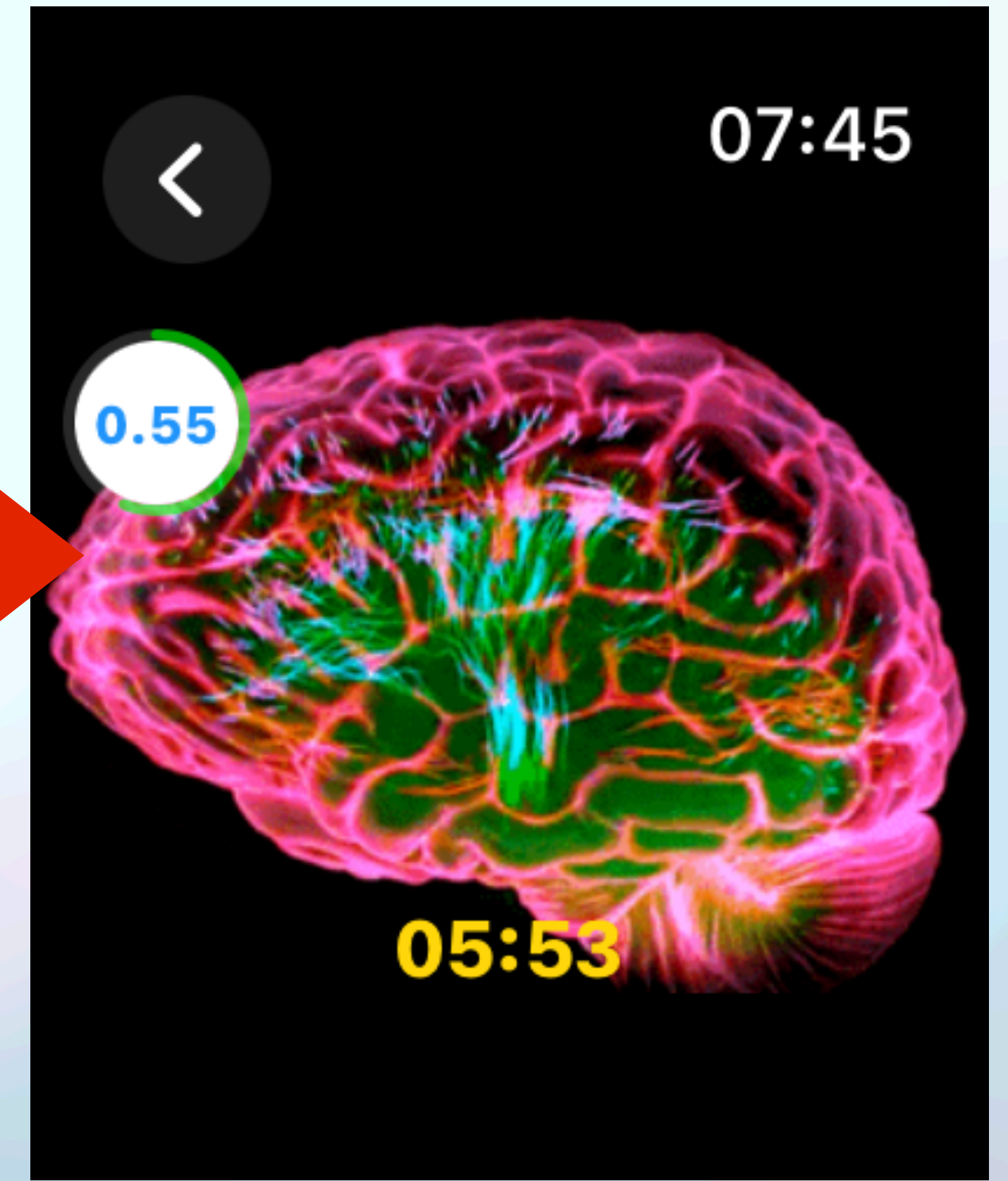
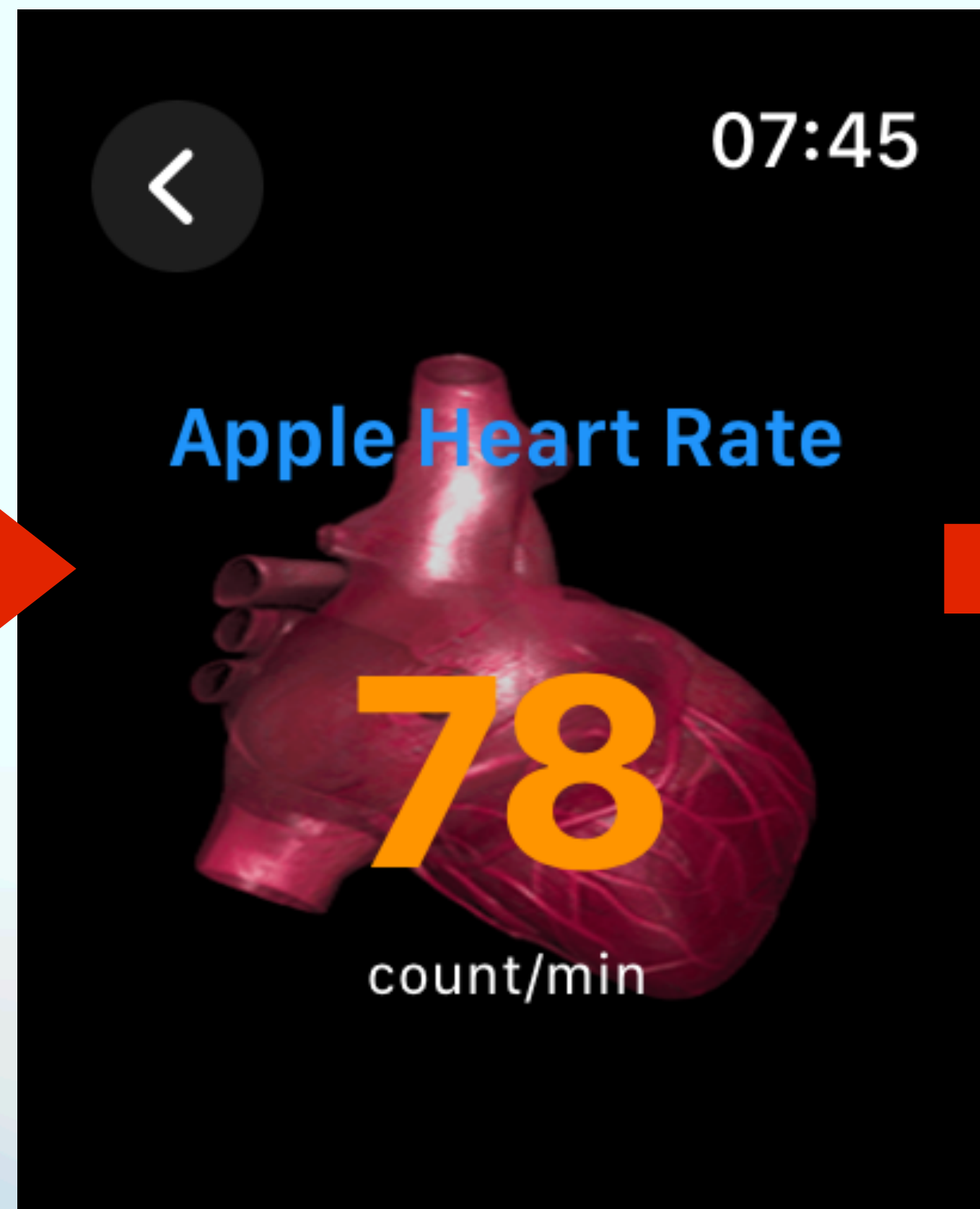
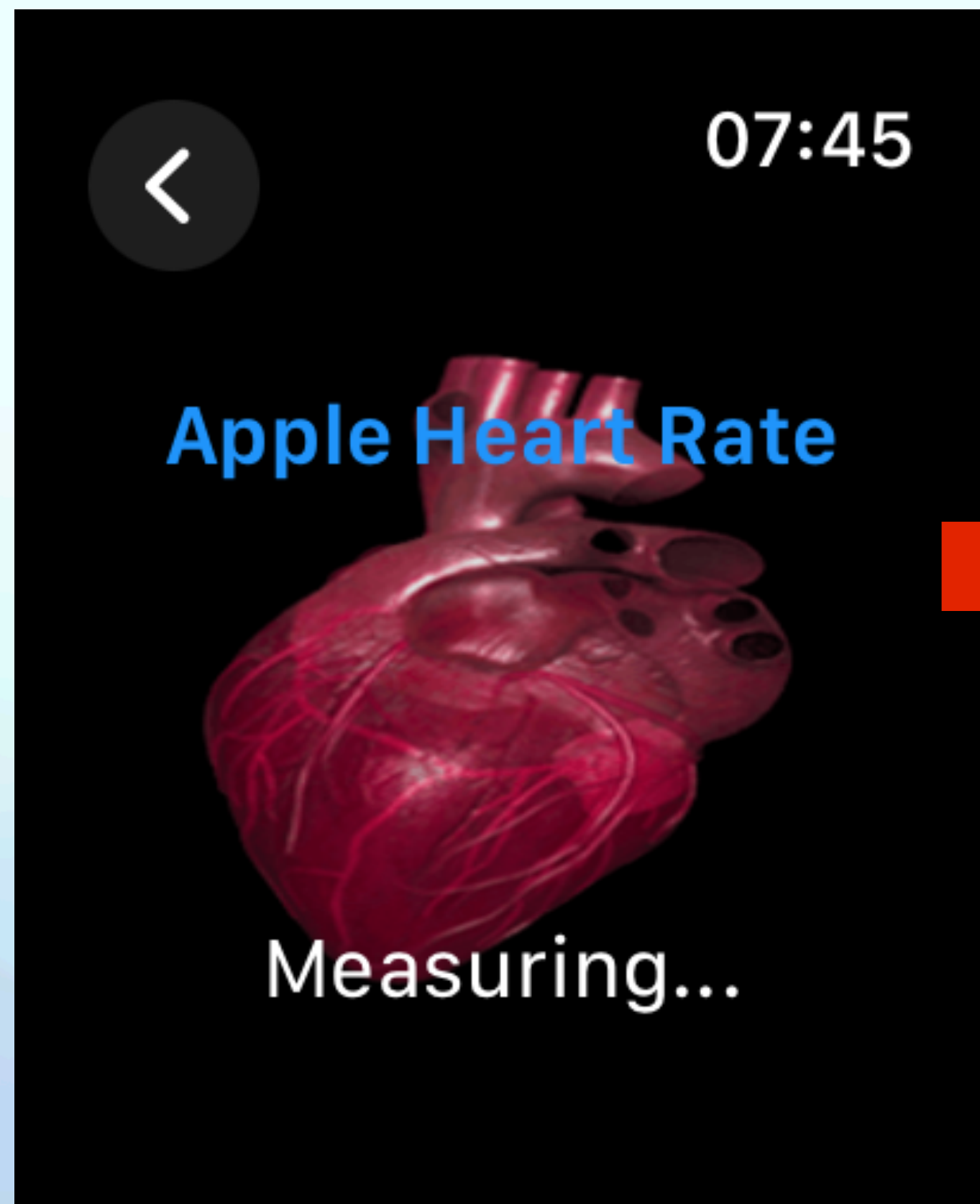
龍谷神曲畫面連續按兩下 開始使用



選擇性別、模式後開始啟動QQT-1調整



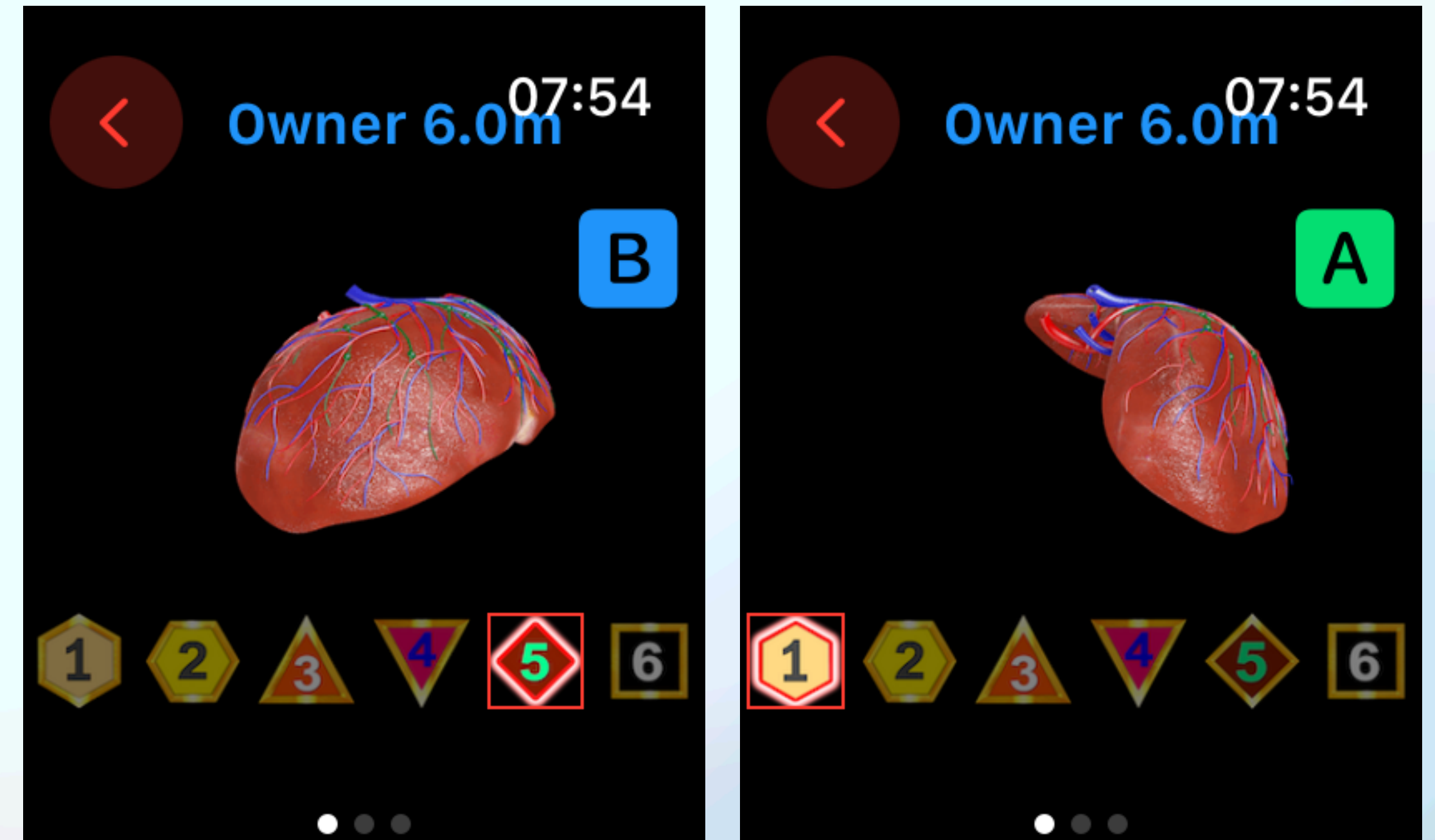
啟動QQT-1調整、設定強度55~60



完成調整 「前B、後A」 能量平衡狀態比較圖解



紅綠滿格表示能量平衡穩定



123能量穩定456能量低下失衡